



## Health Inequalities Symposium: South Asian and Muslim (SAM) Research

*Nothing about us without us: bridging the research to impact gap for South Asian and Muslim (SAM) communities*

**Hosted by the Centre for Health and Social Equity (CHASE) at Northumbria University, supported by Fuse, the Centre for Translational Research in Public Health**

**Date and Time:** 2 July 10.00am - 3.00pm

**Venue:** [The Beacon, Westgate Road, Newcastle upon Tyne, NE4 9PQ](#)

### Programme

Time	Activity	Comments
9.45-10.05	<b>Drinks and Refreshments</b>	
10.05-10.20	<b>Welcome and Introductions</b> <ul style="list-style-type: none"> <li>Humaira Khan, Public Member</li> <li>Dr Zeb Sattar, Assistant Professor in Health Policy, Northumbria University</li> <li>Will McGovern, Associate Professor in Marginalised Communities, Northumbria University</li> </ul>	
10.20-10.30	<b>Opening: Introduction to the Centre for Health and Social Equity (CHASE)</b> <p>Monique Lhussier, Professor in Public Health and Wellbeing; Director of CHASE, Northumbria University</p>	
10.30-10.45	<b>Theme 1: Health Literacy</b> <ul style="list-style-type: none"> <li>Speaker 1: Humaira Khan, Public Member</li> </ul>	(15 minutes presentations, with theme round table discussion and feedback/ Q&A)
10.45-11.00	<b>Public Engagement and Community Engagement (PICE) Experience</b> <ul style="list-style-type: none"> <li>Speaker 2: Steven Carter/Allison Petty, Newcastle City Council</li> </ul>	
11.00-11.15	<b>Health Literacy in South Asian Communities, and the importance of Cultural Competency</b> <ul style="list-style-type: none"> <li>Speaker 3: Dr Saeed, Sunderland Hospital</li> </ul>	
	<b>Organ Donation</b>	



11.15-11.30	<ul style="list-style-type: none"> <li>Speaker 4: Evgenia Stepanova Durham University</li> </ul> <p><b><i>Mental health service users' experiences of service providers' qualifications, knowledge and training</i></b></p>	
11.30-11.40	<b>Break</b>	
11.40-11.55	<p><b>Theme 2: Education</b></p> <ul style="list-style-type: none"> <li>Speaker 5: Professor Greta Defeyter, Northumbria University</li> </ul> <p><b><i>British Muslim School Children (BMSC) and School Meals (ARC NENC)</i></b></p>	(15 minutes presentations, with theme round table discussion and feedback/ Q&A)
11.55-12.10	<p><b>Theme 3: Ageing</b></p> <p>Speaker 6: Simon Luddington/Dr Sonia Ahmed, SEARCH/Teesside University</p> <p><b><i>Older South Asian People and Social Isolation and Loneliness</i></b></p>	
12.10-12.30	<b>Networking</b>	
12.30-13.30	<b>Lunch Break</b>	
13.30-13.45	<p><b>Theme 4: Drugs and Alcohol</b></p> <ul style="list-style-type: none"> <li>Speaker 7: Lydia Lochhead Northumbria University</li> </ul> <p><b><i>Stigma and drugs and alcohol in South Asian communities</i></b></p>	(15 minutes presentations, with theme round table discussion and feedback/ Q&A)
13.45-14.00	<ul style="list-style-type: none"> <li>Speaker 8: Mushtaq Dakri Spinney Hills Drugs</li> </ul> <p><b><i>Alcohol and Addiction Recovery Support Services</i></b></p>	
14.00-14.15	<p><b>Theme 5: Health Promotion</b></p> <ul style="list-style-type: none"> <li>Speaker 9: Floor Christie and Rawand Jarrar, Sunderland University</li> </ul> <p><b><i>Addressing barriers and facilitators to breast and cervical cancer screening for Muslim women in the UK: A community participatory approach to developing an intervention</i></b></p>	



14.15-14.45	<p><b>Chairs: Lesley Geddes, Associate Professor/Dr Zeb Sattar Assistant Professor, Northumbria University</b></p> <p><b>Panel discussion with speakers and invited practice and public partners on feedback/ moving forward</b> <i>'What are key priorities in addressing cultural and religious health inequalities'</i></p> <p>Presenters plus Fuse public partners with experience of addressing health inequalities.</p>	Field questions from audience using <a href="#">Slido</a>
14.45-15.00	<p><b>Close of Event</b></p> <p>Humaira Khan, Public Member/Dr Zeb Sattar, Northumbria University</p> <p><b>Round up/Follow up</b></p>	

## Notes

Presenters to support round table discussions (Humaira Khan, Saeed Ahmed, Evgenia Stepanova, Will Mc Govern, Greta Defeyter, Lydia Lochhead, Sonia Ahmed, Floor Christie)

Slido questions to be managed by identified person.

Panel Discussion Questions (require flipchart paper and pens)

- 1) What adjustments/changes support access to services for South Asian and Muslim communities?
- 2) What are the challenges for people (service users and service providers) on addressing cultural and religious needs for children, men, women and older people?
- 3) What support is priority for children, men, women and older people in the North East?